

LEGALSMART

November 2023 Edition



Featured in this issue:

Custody Arrangements: Holiday Edition

When it comes to custody arrangements, there is no one-size-fits-all solution. The holidays, in particular, pose a unique set of obstacles to custody arrangements. Your Plan Attorney is an excellent resource for drafting, amending or finalizing joint-custody agreements. He or she can present to you with a number of possible schedules to accommodate minor and major holidays, and limit disruption to day-to-day family life. To jumpstart the process, we've offered a few sample schedules below.

1. Split holiday time. Have your child celebrate half of Thanksgiving Day with one parent, and the latter half of the day with the other parent.
2. Alternate holidays on an annual basis. This is perhaps the most commonly utilized schedule. In the same calendar year, children celebrate Thanksgiving with Parent A and New Year's Eve with Parent B. The parents then alternate holidays the following year.
3. Stick to your normal visitation schedule. Coordinate holidays as they fall according to your regular visitation/custody schedule.
4. Designating holidays that remain the same year after year. Perhaps children always spend Thanksgiving with one parent and Christmas with the other.

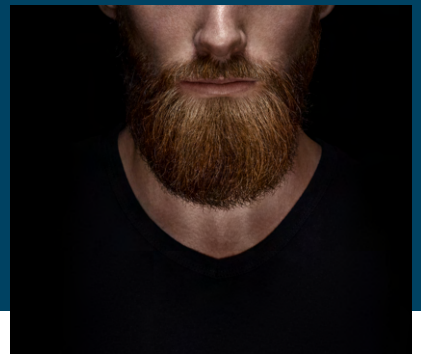


THE MISSION

The mission of Legal Resources is to provide high-quality legal services to our members, enabling them to lead lives free of major legal expenses.

THIS MONTH'S EDITION

- Holiday Custody Arrangements
- Macy's Day Parade Laws
- Turkey Trot History, and much more!



#TRENDINGNOW

No-Shave November

Are your co-workers donning unusually full faces of hair? If so, they're likely participating in No-Shave November. What once was a display of 'manliness' is now a charitable competition to promote the awareness of hair loss among cancer patients. No-Shave November encourages participants to embrace their hair growth and donate the funds they would have used on shaving expenses to No-Shave November's cancer campaign. Learn how to support the cause at

[No-Shave.org](https://www.no-shave.org).

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RESOURCES

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Something Different

Rise of the Turkey Trot

Did you know the annual 5K and 10K Turkey Trot is not a modern creation? This post-holiday run has been around longer than the world-famous Boston Marathon. According to Runner's World, less than 10 runners participated in the very first race hosted in 1896 in Buffalo, New York. The Turkey Trot persevered nonetheless and has remained a staple event in the northeast city.

Whether you're new to running or a trained trotter, we've provided a few tricks for making this year's race your best one yet:

- Dress smart. Yes, November temperatures are brisk. You'll likely break a sweat though, so bundle up with breathable materials.
- Come prepared. Run or walk a few practice races, especially if you are new to exercising or accustomed to working out in cooler weather.
- Run with a group. Thanksgiving is all about togetherness, after all. Gather some accountability partners and hit the course.
- Choose your race wisely. Pick a distance that best suits your abilities. If you're running a sponsored event, choose one that supports an interest or charity of your choice.



CYBER CORNER

How to Become Ungoogleable

It's mildly unsettling when you type your name into Google's search bar and the site automatically populates your personal information - phone number, address, etc. Thankfully, Google has grown more sensitive to people's privacy and is allowing users to request the removal of personal identifiable information using a new 'Results About You' tool. The tool allows users to receive notifications about when and where their PII becomes available on Google. Get the full scoop on Wired.com.

DID YOU KNOW.....

Last year, roughly 3 million people lined the streets of Manhattan to witness the 96th Annual Macy's Day Parade. Beyond crowd control, how does New York City ensure the safety of both millions of spectators and parade performers? Well, several [regulations dating back to 1998](#) do just that. Former Big Apple mayor Rudolph W. Giuliani established a number of guidelines to protect the public beneath the marvelous display of balloons. He introduced maximum balloon dimensions, emergency deflation procedures and wind limitations that could result in a parade cancellation. Surprisingly enough, no wind too fast or temperatures too cold have prevented the balloons from taking to the sky. The only time in its nearly 100-year-old-history has the Macy's Day Parade been canceled was during World War II.

Frequently Asked Questions:

Q: What should I do if my attorney lacks the expertise required for my specific legal issue?

A: That's a valid concern. If your Plan Law Firm determines that they aren't the best fit for your specific legal matter, they will advise you to reach out to our Member Services Department. A paralegal in the Member Services Department will gather some details about your legal need and will work on arranging a referral to a law firm that possesses the background and expertise necessary to handle your specific legal matter.

Have a question?

Please contact our Member Services Department with questions regarding your plan coverage, or attorney/law-firm-related questions at 800.728.5768



Tip of The Month!

Turn Back the Clock

Daylight Saving Time comes to a close on Sunday, November 5. Do yourself a favor and soak up the extra hour of sleep. Or, for busy bodies, use the extra hour to get a jumpstart on daily chores, a morning workout, work tasks and more.

