

LEGAL SMART

This Month's Edition includes:

- > *Insurance Document Review*
 - > *Listen to Your Gut When Choosing a Lawyer*
 - > *Stress Awareness Month*
- and much more!*

APRIL 2022 EDITION

The mission of Legal Resources is to provide superior legal services to our members, enabling them to lead active, healthy and worry-free lives, free of major legal expenses.



Inside this issue...

TIP OF THE MONTH



Insurance Document Review...

Have questions about your coverage? General advice for the interpretation of any policy provision is covered by your Legal Resources Plan. A policy review could even alert you to potential coverage gaps, so call your Plan Attorney for a consultation.



#TrendingNow Stress Awareness Month



Something Different Spring Cleaning and Adventuring?

Featured Story

Listen to Your Gut When Choosing a Lawyer

When you are in the market for a new lawyer, it is important to remember to "listen" to your gut. A good lawyer will save you time and money in the long run and can help you avoid costly mistakes. You know you have found the right lawyer when the attorney speaks to you in a way you can understand, he/she will answer all your questions regarding your rights and the specific matter they'll be handling. Please contact our Member Services Department with any questions. We look forward to serving you and your family.

#TrendingNow

Stress Awareness Month

Stress is a normal part of life, but it can have harmful effects on how we live our everyday experiences. Stress might be defined as “a physical or emotional strain” when you're under pressure at work or at home.

However, no matter the stress it will always seem to come at a time where things just feel too much - whether that means dealing with personal issues such as family disputes, work, or money. Preparation and legal advice can help sort some of the daily life stresses. Visit legalresources.com to see how our legal services can help relieve some of the stress in your life today.

SOMETHING DIFFERENT

Spring Cleaning and Adventuring?

There's an exciting sense of anticipation this time of year. Spring is here, and warmer weather is around the corner. The warm air and blooming flowers make it a perfect time to go explore and organize your spaces. Here are a few fun ideas for the family:

Get Away

Plan a staycation with your family and explore new hikes, parks, and lakes you've never visited before.

Get Organized

Spring is the perfect time to declutter your spaces and get ready for a new season filled with activities.

Plant a Garden

Whether you have a green thumb or not, getting back to the earth and planting a flower or two is sure to bring a bit of brightness and whimsy to the new season.

DID YOU KNOW ?

More than 80% of Americans ages 18–34 said now was a bad time to buy a house, according to a recent Fannie Mae survey. A real estate attorney can help you make an informed decision about buying or selling a home during these uncertain times. With our legal benefits plan, you can relax and get the answers you need.

CYBER CORNER

What to Do During a Social Network Breach

A recent data breach exposed the e-mail addresses, phone numbers, and other sensitive information of 533 million Facebook users. While some users may never know if their information was leaked, there are several actions to take to protect against future attacks. First and foremost, change passwords for all social media accounts and enable two-factor authentication wherever possible. You may also consider deleting your account. Until then, remain vigilant of malicious communications.



Frequently Asked Questions



Q: I attended a virtual open enrollment meeting a few months ago, but have forgotten some aspects of the legal plan. Do you have any educational videos Members can reference?

A: Yes! Watch both our Legal Plan Overview and Identity Theft Protection Overview on our [video library](#). Enjoy an array of Member Testimonials too.

Want to keep with Legal Resources on Social Media? Click the buttons below to follow us on Facebook & LinkedIn!



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Please contact our Member Services Department with any questions. We look forward to serving you and your family.



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