

NOVEMBER 2020 EDITION

The mission of Legal Resources is to provide superior legal services to our members, enabling them to lead active, healthy and worry-free lives, free of major legal expenses.

This Month's Edition includes:

- > National Adoption Month
- > Pilgrims Insipre Modern Day Laws
- > 2020 Masters Tournament and much more!

Inside this issue...

TIP OF THE MONTH

Preparing for the Polls

Election Day is November 3 – are you casting your ballot?

If so, you want to prepare for lines at the polls and make yourself aware of any additional safety measures that may impact your experience. You also want to ensure you are registered, identify your assigned polling place, and organize required voting materials such as identification and miscellaneous forms. Keep in mind that polls are busiest before and after normal business hours.



#TrendingNow The 2020 Masters Tournament

Something Different Pilgrims Inspire Modern Day Laws

Featured Story

National Adoption Month

This November marks the 25th anniversary of National Adoption Month. The 30-day campaign raises nationwide awareness about the need for adoptive families for children and youth in the foster care system. Spearheading the initiative are the Children's Bureau and its partners, AdoptUSKids and Child Welfare Information Gateway.

Children's Bureau's newest theme, "Engage Youth: Listen and Learn," emphasizes the importance of teenage adoption. Teenagers in foster care are less likely to be adopted than their younger, elementary-aged peers. The lack of families willing to adopt older children increases teens' risk of aging out of foster care and entering into premature adulthood without the love and support of a stable home.

Research shows that teenagers' long-term health, well-being, and overall life success is heavily dependent on a supportive family structure.

If you or someone you know are ready to start a family, visit the <u>Children's Bureau</u>. Find out how your Legal Plan can jumpstart your adoption journey too by contacting your Plan Attorney or our award-winning Member Services Department.



Legal Resources

#TrendingNow

2020 Masters Tournament

For the first-time in its 84-year history, the Masters Tournament will arrive to Augusta for a fall debut. In lieu of warm spring breezes and greens flanked by patrons, golfers will be greeted with the autumnal bite of November weather and only the presence of their fellow competitors. Pre-tournament rounds begin on Monday, November 9, followed by the official Masters Tournament from Thursday, November 12 to Sunday, November 15.



SOMETHING DIFFERENT

Pilgrim Politics

Approximately one year prior to the pilgrims' landmark feast in 1621, the Mayflower landed off the coast of Cape Cod, Massachusetts, a waterside settlement later deemed Plymouth Colony. In an attempt to establish a united body between the colonists, the pilgrims enacted a unique set of laws under the Mayflower Compact, a document that ultimately paved the way for the creation of America's modern-day democracy.

Here are a few fun facts about the Mayflower Compact:

- Before any settler disembarked the ship, the Mayflower Compact was drafted and signed by 41 passengers.
- It established a "civil body politick" that worked for the good of the Colony by following the same laws, ordinances, and other ruling acts.
- The 1620 document became the New World's first written constitution.
- It inspired both the Declaration of Independence and Constitution, and the revolutionary notion that powers should be derived from the consent of the governed.

Tryptophan isn't the culprit of your post-Thanksgiving snooze

Research shows that the tryptophan levels in your Thanksgiving turkey are no greater than other common foods such as chicken, beef, nuts, and cheese. While the amino acid is known to boost the brain's serotonin levels, it isn't likely to blame for your sudden fatigue after a filling Thanksgiving feast. Instead, look to carb-heavy trimmings, decadent desserts, and celebratory cocktails as the culprits of your annual November nap.

CYBER CORNER

Free Credit Reports

In a pre-COVID world, individuals were entitled to one free credit report per year. Now through April 2021, however, you can take advantage of free credit reports every single week. TransUnion, Experian, and Equifax recognize the importance of accessing your credit during these trying times and are providing greater visibility for potential scams and compromised credit.

Simply fill out a form to request a report from your preferred credit bureau and review your results instantly.

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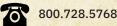


Frequently Asked Questions



- Q: My son was involved in a car accident while away at college. Can he still benefit from legal coverage out of state?
- A: Yes, our legal plan protects you from any legal matter, anywhere. Simply contact our Member Services Department for further guidance on handling your son's car insurance matters, court hearings, and other legal needs.

Please contact our Member Services Department with any questions. We look forward to serving you and your family.



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